## SRNA Progress Grant

Assessing the impact of social determinants of health on access to care and disability in NMOSD patients

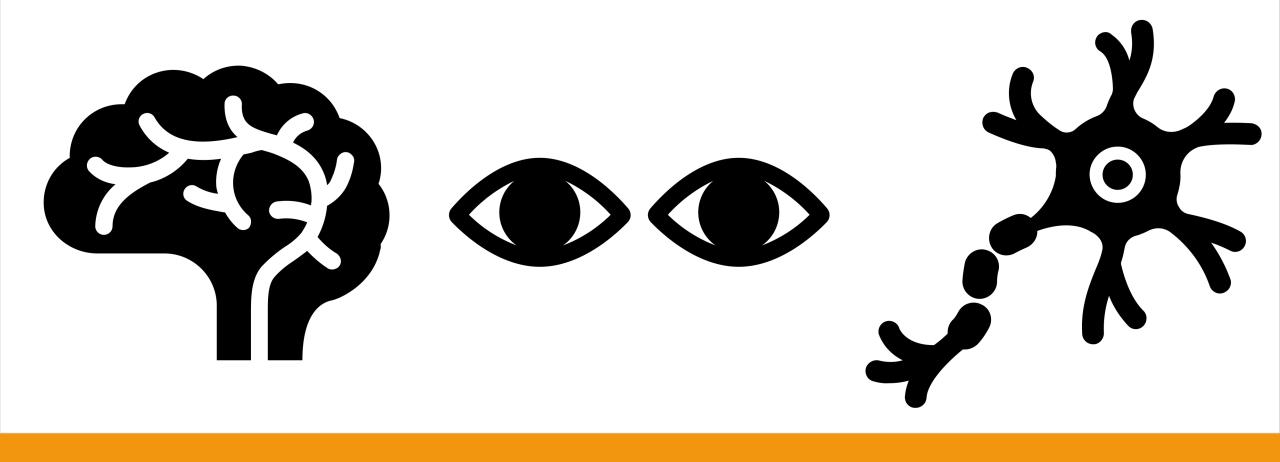
10/10/2021

# Social Determinants of Health

(SDOH)

#### **Social Determinants of Health**





## NMOSD

Why should we look at social determinants of health in NMOSD?

- Prevalence of NMOSD is higher in non-white populations compared to white populations
- Race has been associated with younger age at onset and more severe attack at onset, as well as hospital stays.

## How do we assess SDOH?

- Physical/Environmental zip code, city/state
- Social gender, race, ethnicity, immigration status
- **Economic** insurance status, employment level, education level, income
- Behavioral- smoking
- Clinical Age, BMI, medical comorbidities

How might SDOH affect patients with NMSOD?

Access to Care

## How do we assess these measures?

#### **Access to Care**

- Time from first symptom to diagnosis,
- Time to first disease modifying therapy initiation

- Patient Reported Outcomes- ambulation status, activities of daily living
- Physician reported Outcomes- ambulation status
- EDSS (Disability Scale), Timed 25-foot walk
- Visual examination- visual acuity

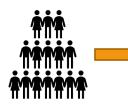
How might we answer the question?

Data that was collected prospectively



Data that we can collect retrospectively







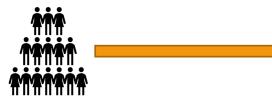
CIRCLES= Collaborative International Research and Longitudinal experience study

- Run by the Guthy Jackson Foundation for NMO
- Existing data with NMOSD patients collected prospectively





- Physical/Environmental zip code, city/state
- Social gender, race, ethnicity, immigration status
- Behavioral-smoking
- Economic- insurance status, employment level, education level, income
- Clinical Age, BMI, medical comorbidities





#### **Access to Care**

- Time from first symptom to diagnosis,
- Time to first disease modifying therapy initiation
- Type of disease modifying therapy initiation

- Patient Reported Outcomes- ambulation status, activities of daily living
- Physician reported Outcomes- ambulation status
- EDSS (disability scale), Timed 25-foot walk
- Visual examination- visual acuity



Multi-Center Study

- Retrospective study
- 3 large academic medical centers



### Multi-Center Study

- Physical/Environmental zip code, city/state
- Social gender, race, ethnicity, immigration status
- Behavioral- substance uses
- Economic- insurance status, employment level, education level, income
- Clinical Age, BMI, medical comorbidities



### Multi-Center Study

#### Access to Care

- Time from first symptom to diagnosis,
- Time to first disease modifying therapy initiation
- Type of disease modifying therapy initiation

#### Disability at Onset

- Patient Reported Outcomes- ambulation status, activities of daily living
- Physician reported Outcomes- ambulation status
- EDSS, Timed 25-foot walk
- Visual examination- visual acuity

How might SDOH affect patients with NMSOD?

# Access to Care

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   Sand (Mount Sinai), Dr.
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- SRNA

### Acknowledgements