

# Johns Hopkins Neuromyelitis Optica Patient Day



Please join the Johns Hopkins Neuromyelitis Optica Clinic team for a day of education, research, and interaction with fellow NMO patients... plus a little bit of fun!

**The fun begins on  
Sunday, October 5<sup>th</sup> at  
9:30 am at the Chevy  
Chase Conference  
Room, located at the  
Johns Hopkins Hospital  
@ 1800 Orleans Street,**



While the event is free to all, space is limited and availability is first come, first served. All prospective attendees (patients & guests) must RSVP via the following link in advance: <https://www.regonline.com/jhunmopatientsday>, and no more than one guest per NMO patient may attend. We ask that you let us know if you plan to cancel. Please note that the Orleans garage is conveniently situated across the street from the hospital between Wolfe & Broadway, and the Zayed pedestrian bridge on the 4th floor of the garage links to the Main Level of the hospital for safe and easy access. Food will be provided.



[www.nmoresearch.org](http://www.nmoresearch.org)

[www.guthyjacksonfoundation.org](http://www.guthyjacksonfoundation.org)

# NMO Patient Day Agenda



9:00-10:00	<b>Registration &amp; Breakfast</b>	
10:00-10:15	Michael Levy, MD, PhD	Welcome &
Opening Remarks		
10:15-10:35	Michael Levy, MD, PhD	Introduction to
NMO		
10:35-10:45	<b>Q&amp;A</b>	
10:45-11:05	Maureen A. Mealy, RN, BSN	Symptom
Management in NMO		
11:05-11:15	<b>Q&amp;A</b>	
11:15-11:30	<b>break</b>	
11:30-12:00	Marcelo Matiello, MD	Treatment in NMO
12:00-12:15	<b>Q&amp;A</b>	
12:15-1:45	<b>Breakout Lunch Sessions</b>	
	<ul style="list-style-type: none"><li>• <b>Neuropsychiatric Aspects of NMO</b><ul style="list-style-type: none"><li>◦ Adam Kaplin, MD, PhD</li></ul></li><li>• <b>Critical Issues in Neurorehabilitation</b><ul style="list-style-type: none"><li>◦ Daniel Becker, MD</li></ul></li><li>• <b>Pain Management in NMO</b><ul style="list-style-type: none"><li>◦ Jatin Joshi, MD</li></ul></li><li>• <b>Bowel &amp; Bladder</b><ul style="list-style-type: none"><li>◦ Janet Dean, CRNP</li></ul></li><li>• <b>Sexual Dysfunction</b><ul style="list-style-type: none"><li>◦ Karen Boyle, MD</li></ul></li></ul>	
1:45-1:55	Jayden Barrett	Staying Active with NMO
1:55-2:55	Michael Levy, facilitator	Clinical Trials
Update		

**2:55-3:10**

**Lisa McDaniel**

**Patient Advocacy**

**3:10-3:30**

***talent show***

**3:30  
adjourn**

**Michael Levy**

**Closing Remarks &**